

TODAY IS ____ / ____ / ____

MUST NOT FORGET MY DAILY HABITS!

MY TOP 3 GOALS FOR TODAY ARE:

- 1. _____
- 2. _____
- 3. _____

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TODAY'S TO DO LIST

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MUST

-----	MUST	-----

SHOULD

-----	SHOULD	-----

WANT

-----	WANT	-----

TODAY'S SCHEDULE

I MUST STOP DOING THIS

I'LL JUST LEAVE THESE FOR TOMORROW...

I THINK I DESERVE A REWARD!

